

# Nutrition Facts

Servings per container

**Serving size**

**Amount per serving**

**Calories**

**Total Fat**

Saturated Fat

*Trans* Fat

**Cholesterol**

**Sodium**

**Total Carbohydrate**

Dietary Fiber

Total Sugars

Incl. Added Sugars

**Protein**

Vitamin D

Calcium

Iron

Potassium

Vitamin A

Vitamin C

Complete  
Salad Kit

About 3

**1 cup (100g)**

**160**

**% Daily Value\***

12g **16%**

2.5g **13%**

0g

10mg **3%**

260mg **11%**

10g **4%**

2g **8%**

4g

1g **2%**

4g

0mcg 0%

68mg 6%

1mg 8%

166mg 4%

150mcg 15%

16mg 15%

Salad Only

About 2.5

**1 cup (85g)**

**20**

**% Daily Value\***

0g **0%**

0g **0%**

0g

0mg **0%**

20mg **1%**

5g **2%**

2g **7%**

3g

0g **0%**

1g

0mcg 0%

32mg 2%

0.5mg 2%

182mg 4%

191mcg 20%

21mg 20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.